

ADEE LEVINSTEIN, MS, RD, LD, CEDS-C

EDUCATION

Master of Science in Exercise Science Emphasis in Exercise Physiology <u>Graduate Minor in Sport Management</u>	Auburn University Auburn, Alabama Graduation: December 2017
Bachelor of Science in Human Environmental Sciences Nutritional Sciences: Emphasis in Medical Dietetics Minor in Spanish Honors College Certificate	University of Missouri Columbia, Missouri Graduation: May 2015 <i>Summa Cum Laude</i> Multicultural Certificate

WORK EXPERIENCE

Collegiate & Telehealth Partnership Manager , Eating Recovery Center, Remote <ul style="list-style-type: none">Provide eating disorder and mood and anxiety disorder education and resources to collegiate entities and virtual-first companies.Establish partnerships with key stakeholders to provide resources to patients that will yield best clinical outcomes.	July 2024-Present
Clinical Training Specialist – Dietitian , Eating Recovery Center, Remote <ul style="list-style-type: none">Onboard and train interdisciplinary clinicians new to the company.Develop training decks and supporting materials for initial and ongoing training.	July 2023-July 2024
Nutrition Manager , Eating Recovery Center, Baltimore, Maryland <ul style="list-style-type: none">Managed nutrition services for Residential, PHP, IOP and OP levels of care, including collaboration across disciplines, interfacing with food service management, hiring and training new employees and providing individual supervision.Engaged in community outreach, clinician education, marketing (both written and oral), conference speaking, and other outreach and relations events.	October 2021-July 2023
Interim Practice Manager , Eating Recovery Center, Baltimore, Maryland <ul style="list-style-type: none">Managed practice team (care coordinators and administrative assistants).Facilitated on-site practice operations, including food service vendor, medical supply vendor, facilities coordination, and other tasks as needed.Collected and recorded data relating to performance (KPIs, PQIs, DQEs), presented to leadership team weekly, and spearheaded efforts to improve metrics.Worked closely with executive director and regional medical director to ensure excellent operational quality.	October 2022-April 2023
Registered/Clinical Dietitian , Eating Recovery Center, Austin, Texas <ul style="list-style-type: none">Worked with PHP and IOP level of care patients supporting their treatment processes in recovering eating disorders.Provided nutrition therapy, including nutrition education, meal planning, exposures (exposure and response prevention), grocery store tours, portion labs, and other services as needed.Individually worked with patients to heal their relationship with food and empower them to fuel and heal their bodies.Collaborated with therapists, psychiatrists, nurses, and medical doctors to provide patients with comprehensive care.	January 2018-October 2021
Sports Dietitian , Auburn University Sports Medicine, Auburn, Alabama Graduate Assistant Sports Dietitian <ul style="list-style-type: none">Functioned as a full-time sports dietitian.Coordinated nutrition programming for Men’s Basketball, Women’s Basketball, and Women’s Volleyball.Supervised 40+ student volunteers, including shift scheduling, training, and all communications.Directed student volunteers in fueling station tasks, accepting deliveries, handling inventory, and developing sports nutrition knowledge.Ordered items from various vendors to maintain inventory levels.Performed many of same tasks as described below as a Fellow.	August 2015-December 2017 May 2016-Present
Gatorade Sports Nutrition Immersion Program (SNIP) Fellow <ul style="list-style-type: none">Selected for one of ten of these positions nationwide.Managed Auburn Volleyball nutrition programming, providing group nutrition education, performance fuel, pre and postgame meal menu planning, individualized nutrition counseling, meal plans, grocery store tours, supplement reviews, body composition analysis (BodPod), hydration testing, and travel nutrition (including travel with the team).Assisted in athlete dining hall menu development with dining hall managers, chef, and sports dietitians.Worked with Auburn Football, providing fuel, meal plans, and recovery nutrition to players.Spearheaded cooking demonstrations and other large-scale nutrition education opportunities.Handled large portion of nutrition social media communications.Collaborated with multidisciplinary coaching and sports medicine staff.	August 2015-May 2016
Diet Technician , University of Missouri Hospital, Columbia, Missouri	July 2014-March 2015

RESEARCH EXPERIENCE

Discovery Fellow Research Scholar <ul style="list-style-type: none">Conducted research with a multidisciplinary team in the food pantry nutrition intervention project.Utilized NDSR software to input and analyze data from 24 hour recalls and research questionnaires.	August 2011-May 2013
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PROFESSIONAL MEMBERSHIPS

International Association of Eating Disorders Professionals (iaedp)
International Federation of Eating Disorder Dietitians (IFEDD)