

BIO

Dr. Eva Ma. Trujillo Chi Vacuán, MET, FAED, CEDS, FAAP, Fiaedp

Graduated Magna Cum Laude from medical school and Summa Cum Laude from pediatrics at the Instituto Tecnológico y de Estudios Superiores de Monterrey. She did postgraduate studies at the Adolescent Medicine and Young Adult Clinical Practice at Boston Children's Hospital of Harvard University. She holds a master's degree in Educational Technologies and is a PhD candidate in biomedicine and health sciences at the Universidad Europea de Madrid.

Dr. Trujillo is a world leader in eating disorders (EDs). She has singlehandedly created a clinical program of the highest international standards in a region of Mexico that was previously underserved for people with eating disorders and mental health conditions. Almost 25 years ago, she co-founded and is the Executive Director for Comenzar de Nuevo, a non-profit organization recognized throughout Latin America that supports the prevention, teaching, research, advocacy and treatment of eating disorders at all levels of care. She is the principal Investigator for Mexico of the Eating Disorders Genetic Initiative (EDGI), in conjunction with prestigious universities and institutions on all continents, and Director for Mexico and Latin America and headmaster trainer of the Body Image Program by Body Project. She is a consultant and founder of the association Habilita para Cuidadores AC, a civil association for the support and training of caregivers of family members who have patients suffering from mental health illnesses.

She devotes incalculable hours to the treatment of individuals with eating disorders and other mental health issues. She is the backbone of the program she created, and her vision has raised the standard of treatment available in Mexico. Her program is a model for other Latin American countries.

Dr. Trujillo provides incredible service to her hometown, Mexico, and all of Latin America. She grew a small non-profit organization into a giant in Latin America to serve patients and families with eating disorders and mental health illnesses. She is a member of the Nuevo León Council in the health subcommittee, the Advisory Council of the Universidad Valle de México, the National Council for the Prevention of Addictions in NL Chapter, and the Advisory Council of FEAST. She has been a member of many other boards of other governmental and non-governmental organizations at home and abroad.

She is mentor to many professionals, a clinical professor at the Escuela de Medicina y Ciencias de la Salud del Tecnológico de Monterrey; professor at the School of Psychology of the Adolfo Ibañez University in Chile for the Master's Degree in Eating Disorders; lecturer for the Universidad Europea de Madrid in the Master's Degree in Eating Disorders Disorders; professor for the University of Palermo in Argentina in the Master's Degree in Cognitive Behavioral Therapy and professor and director for all trainings in eating disorders and mental health of Comenzar de Nuevo. She writes books, chapters, and scientific articles on EDs; develops and finances research to support progress in her country; advocates for patients with eating disorders; and has developed programs and worked tirelessly to adopt and train in evidence-based treatments in Mexico, Latin America and many other countries. She has lecturer in more than 37 countries with around 350 conferences around the world.

She is the creator for Mexico and Latin America of the free Helpline for guidance on eating disorders and other mental health issues that accompany them, through telephone, email, chat and website that is linked to social networks (Facebook, Instagram, Tik Tok) through a collaboration agreement that she made. For the past four years she has been an advisor on best

practices and security issues related to eating disorders and body image for META (Facebook and Instagram) and for Tik Tok.

Founding member, former president, and contributor to countless ED associations worldwide. Member of the Board of Directors of the Academy for Eating Disorders (AED) for nine years, where she was President in 2016-2017, the only Latina so far with this appointment. Board Member of iaedp for eight years and member of the senior advisory council. Director of scientific committees, editor of scientific journals, and countless leadership roles in the international ED community. She is an International Fellow of the American Academy of Pediatrics, a Fellow of the Academy for Eating Disorders, a Fellow of the International Association of Eating Disorders Professionals, a Certified Eating Disorders Specialist of IAEDP, and a collaborator of the Society for Adolescent Health and Medicine. She has participated as a member of international committees that review treatment and prognostic guidelines for eating disorders.

She has supported +9000 patients and families and created a low-cost patient care program, unique in all of Latin America, receiving an average of 400 first-time patients per year from 11 different countries and 27 states of Mexico.

She has received multiple local, national and international recognitions and awards, the most recent being the *Academy for Eating Disorders Leadership Award for Clinical, Educational and Administrative Service*, presented at ICED 2022; recognition from the Academy for Eating Disorders *for Outstanding Service and Leadership as Scientific Program Committee Co-Chair*, delivered at the International Conference on Eating Disorders (ICED) 2022; the recognition of the 25-year trajectory of the Board of Directors of the AED Hispano Latin American Chapter and the Academy for Eating Disorders, delivered at the XVII AED HLA 2022 Congress; Dr. Carlos Canseco Medal of Merit 2022 in the category of Practice of Medicine, awarded by the Government of Monterrey, N.L., Mexico; 2023 Award Premio Mujer Tec in the Health and Wellness category awarded by Tecnológico de Monterrey; and appeared on the Forbes 2023 list of the 100 most powerful women in Mexico; appeared on the cover of the magazine Campus Cultural 80th Anniversary Edition of Tecnológico de Monterrey 2023; and was accepted as a Full Academic Member of the Mexican Academy of Pediatrics in December 2023, the highest academic rank in her country. Recently she was invited as speaker at the second annual Summit on ED at the United Nations in honor of the World ED Action Day 2024 and at the Clinton Global Initiative 2024 annual meeting.