

LESLEY MCDONALD,MSW,LCSW,CEDS-C

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EXPERIENCE

Clinical Program Director

Center for Discovery - NJ

5/2023- Present

Supports and guides therapists to ensure high quality clinical care of patients.

Attends clinical meetings to assist in information sharing, and collaborate on patient cases.

Supervises therapists' casework and clinical interventions

Reviews therapists' documentation to ensure quality and timely documentation

Works collaboratively with leadership in the program to promote efficient and effective functioning.

Clinical Program Director

GenPsych - NJ

07/2020 - 3/2023

Served as a liaison between senior management and assigned facility.

Served as a liaison between the community and the facility.

Created a positive image through networking with appropriate organizations.

Planned, scheduled, and implemented partial-care, intensive outpatient, and outpatient programs.

Pushed for quality-of-life improvements for our clients.

Worked with program directors to recruit, attract, and retain high-quality staff.

Worked with the program directors to hire, train, supervise, and professionally develop staff.

Ensured that EEC state regulations are translated into program policies.

Oversaw, approved, and monitored budgets for each program.

Completed appropriate paperwork for accreditation and analysis.

Implemented organizational policies, procedures, and goals.

Provided program and administrative recommendations.

Directed quality management including patient care, JACHO, and licensure accreditation compliance.

Clinical Supervisor

Self - NJ

03/2020 - Current

Facilitated individual, group, and family therapy.

Available to supervise LSW and LAC

Clinical Coordinator, Eating Disorder Program

Genpsych - Livingston, NJ
06/2020

06/2019 -

Facilitated individual, group, and family therapy.
Developed individual treatment plans on a weekly basis.
Responsible for progress notes, and bio-psych social assessments.
Worked with an interdisciplinary team on a daily basis.
Worked with individuals struggling with eating disorders.

Primary Therapist

Center For Discovery - Greenwich, CT
06/2019

12/2018 -

Facilitated individual, group, and family therapy.
Developed individual treatment plans on a weekly basis.
Responsible for progress notes, and bio-psych social assessments.
Worked with an interdisciplinary team on a daily basis.

Primary Therapist ED

Genpsych - Livingston, NJ
12/2018

09/2017 -

Facilitated individual, group, and family therapy.
Developed individual treatment plans on a weekly basis.
Responsible for progress notes, and bio-psych social assessments.
Worked with an interdisciplinary team on a daily basis.
Worked with individuals struggling with eating disorders.

Senior Therapist

University Medical Center of Princeton - Plainsboro, NJ
09/2017

06/2015 -

Facilitated individual, group, and family therapy
Developed individual treatment plans on a weekly basis.
Responsible for progress notes, and bio-psych social assessments.
Worked with an interdisciplinary team on a daily basis.
Provided crisis intervention when needed.
Involved in the PI and treatment plan committee.

Therapist

Trinitas Hospital - Elizabeth, NJ

01/2014 -

06/2015

Participated in the Child and Adolescent Partial Hospitalization Program.

Facilitated individual, group, and family therapy.

Implemented behavior modification on a daily basis.

Responsible for providing comprehensive assessment and social services interventions.

Participated in understanding and clarifying social, emotional, and economic factors.

Established plans of care for the patient well-being.

Assisted patients and their families in obtaining the maximum benefit of health care services.

Provided psychosocial support with assessment, counseling, discharge planning, and referral services.

Facilitated Crisis Intervention daily.

Therapist

Youth Consultation Services - Orange, NJ
01/2014

10/2012 -

Facilitated therapeutic clinical groups Developed individual treatment plans on a monthly basis.

Responsible for progress notes, bio-psych social, suicide assessments, and JCR.

Provided residents with crisis intervention.

Provided treatment services to clients who suffer from PTSD, Bipolar, Schizotypal, Conduct Disorder, and Personality Disorder which included individual, group, and family therapy.

EDUCATION

MSW-

Fordham University NY • 05/2012

BSW - Kean University 5/2011

CERTIFICATIONS

CEDS, CCTP, EMDR basic trained