

Lisa Gibson, MS, RDN, LD, CEDS-C

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PROFESSIONAL EXPERIENCE

Nutrition Manager Virtual Program, Eating Recovery Center, Remote

2020-Current

- Oversee and implement all aspects of the nutrition program for the Virtual Intensive Outpatient Program.
- Provide leadership oversight for registered dietitians, including supervision, training, and performance management.
- Collaborate with a multidisciplinary team to provide optimal patient care and determine appropriate levels of care throughout the program.
- Develop, review, and update policies and procedures for the department.
- Ensure compliance with regulatory agencies and accreditation standards.
- Chair of Virtual Culture Committee and Member of Culture Advisory Board
- Committee member of the Leadership Excellence Committee
- Developed RD Group Supervision Program

Registered Dietitian, Oklahoma Nutrition Therapy, Norman, OK

2008-Current

- Established medical nutrition therapy company that provides individualized nutrition care in an outpatient setting with a primary focus on eating disorders, disordered eating, and athletes.
- Assess the general nutrition needs of patients, obtain diet history, determine dietary needs, and establish plan of care through individualized meal plans.
- Collaborate with an interdisciplinary team to provide optimal patient care and determine appropriate levels of care throughout the treatment and recovery journey.

Clinical Dietitian, Norman Regional Health Systems, Norman, OK

2018-2020

- Perform all phases of the nutrition care process and provide nutrition recommendations for diet, nutrition supplements, enteral and parenteral nutrition as indicated in acute care setting. Implement and monitor patient nutrition care.
- Provide individualized nutrition counseling as necessary and appropriate within an interdisciplinary team approach to care.

Nutrition Manager, OWLO, Bariatric Program/Journey Clinic, Norman, OK

2005-2008

- Served as senior bariatric dietitian supervising a team of three registered dietitians. Supervised nutrition program to provide high-quality care for prospective and post-operative bariatric patients.
- Developed, coordinated, implemented, and evaluated all aspects of patient nutrition interventions.
- Coordinated treatment plan with an interdisciplinary team to optimize nutrition for both inpatient and outpatient milieus.
- Coordinated with hospital dietary team to develop bariatric-appropriate menus. Facilitated support groups for post-operative patients as part of their follow-up care.

TEACHING/SPEAKING EXPERIENCE

Adjunct Faculty, Rose State College, Midwest City, OK

2008-2015

Adjunct Faculty, University of Central Oklahoma, Edmond, OK

2007-2008

Adjunct Faculty, Oklahoma City University, Oklahoma City, OK

2006-2007

- Developed course materials and instructed introductory and sports nutrition courses in online and lecture formats aligned with department learning objectives.
- Planned lectures, administered examinations, facilitated discussions and assisted students with projects related to course content.
- Researched current health and nutrition guidelines for outside reading assignments to stimulate class discussions.
- Developed syllabi and overall course structure and administered all grades.

PRESENTATIONS

- "Eating & Feeding Disorders: A Clinicians Guide"
 - KADDI Internship Program, 2022-2024
- "Mindful Eating: A Non-Diet Approach to Health"
 - University of Central Oklahoma, 2018
- "Eating Disorders 101"
 - Oklahoma Dietetic Association Conference, 2014
 - OU Health Science Center Nurse Practitioner Symposium, 2010, 2009
 - Oklahoma City Community College Guest Speaker, 2009
- "Regaining Balance through Mindful Eating"
 - Junior League of Norman, 2013
 - Access Midstream Professional Luncheon, 2013

- Rose State College Women's Leadership Conference, 2013
- "Identifying Eating Disorders in Clinical Care"
 - OU Children's Hospital Dietetic In-Service, 2011
- "Understanding Eating Disorders"
 - Oklahoma City Dietetic Association Fall Conference, 2011
- "Nutrition and Wellness"
 - Oklahoma City Community College Guest Speaker, 2009
- "Discovering Eating Disorders"
 - Oklahoma Dietetic Association Spring Conference, 2009
- "Bariatric Nutrition through a Lifetime"
 - Oklahoma Dietetic Association Spring Conference, 2007
- "Bariatric Nutrition: The Basics"
 - University of Oklahoma Health Science Center Dietetic Interns, 2006

COMMUNITY/VOLUNTEER INVOLVEMENT

Abstract Reviewer, International Association of Eating Disorders Professionals 2022-current

- Serve as Annual Symposium Abstract Review Committee Volunteer
- Conducted blind, two-stage reviews of abstracts for laedp annual symposium to ensure unbiased evaluation.

Co-founder/Emeritus Board Member, Oklahoma Eating Disorders Association, 2008-Present

- Co-founded and led a statewide advocacy non-profit organization providing education, support, and assistance in locating treatment resources for those affected by eating disorders.
- Planned and executed outreach and education opportunities throughout the state.
- Served as President for two terms and Treasurer for four terms.
- Serve as Guest Speaker for community outreach events.
- Awarded the Bermudez Award in 2013 for contributions to the organization.

Treasurer/Board Member, Oklahoma Academy of Nutrition and Dietetics 2019-2021

- Provide financial oversight, budgeting, fund management, record keeping, and audits.
- Maintain financial and budget documents related to the organization and ensure compliance with financial laws and ethical standards.

EDUCATION

M.S. Nutrition Science University of Oklahoma Health Sciences Center, Oklahoma City, Oklahoma

Dietetic Internship University of Oklahoma Health Sciences Center, Oklahoma City, Oklahoma

B.S. Food & Nutrition Science University of North Alabama, Florence, Alabama

CURRENT ACTIVE LICENSURE

- Commission on Dietetic Registration, Registered Dietitian Nutritionist (RDN) #951689
- International Association of Eating Disorders Professionals, Certified Eating Disorder Registered Dietitian Consultant/Supervisor (CEDS-C) # 4742
- Oklahoma Medical Board, Licensed Dietitian (LD) #1436
- Tennessee Department of Health, Licensed Dietitian (LD) #4855
- Texas Dept. of Licensing & Regulation Licensed Dietitian (LD) #DT89686
- Washington State Dept. of Health Licensed Dietitian (LD) # 61433063
- Illinois Dept. of Financial & Professional Regulation Licensed Dietitian (LD) #164.008962
- Kansas Dept. for Aging & Disability Services, Licensed Dietitian (LD) #2515
- Louisiana Board of Examiners in Dietetics & Nutrition Licensed Dietitian (LD) #3179