

## FELLOW DESIGNATION POLICY

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### Purpose

The Fellow designation recognizes distinguished professionals whose careers demonstrate sustained contributions, leadership, and service to iaedp and the broader field of eating disorders. Fellowship is intended to acknowledge excellence, promote leadership, and strengthen the professional community aligned with the iaedp Foundation's mission.

### Background

The iaedp Foundation established the Fellow designation to honor senior professionals whose careers reflect longstanding dedication, innovation, and achievement within the field of eating disorders. Fellowship is designed both as a recognition of past contributions and as an acknowledgment of the recipient's continuing commitment to the advancement of the field.

The designation distinguishes those who have met rigorous standards of professional service, scholarship, and leadership, while also creating a group of recognized leaders within the iaedp Foundation who serve as exemplars of excellence. The Fellows designation reinforces the organization's mission to support education, advocacy, and professional growth by honoring those who have demonstrated extraordinary impact across clinical practice, education, research, and service to the community.

### Policy

#### Definitions

- Standard Fellow: A professional member of iaedp who meets all eligibility criteria and is recognized for long-standing service and contributions.
- Honorary Fellow: An individual whose service or contributions to the field of eating disorders warrant special recognition, even if all standard criteria are not met.
- Fellows Committee: A standing committee comprised solely of iaedp Fellows, charged with reviewing applications and making recommendations to the Board of Directors.

#### Eligibility Criteria

Applicants for the Fellows designation must demonstrate the following:

- Minimum of ten (10) years of iaedp membership in good standing.
- Minimum of fifteen (15) years of professional service in the eating disorders field.
- For clinicians, a minimum of five (5) years as a Certified Eating Disorders Specialist (CEDs).
- Evidence of significant and sustained contributions to the field, which may include but are not limited to:
  - Authorship of peer-reviewed articles or books.
  - Leadership of a clinical facility or program.

- Service on the iaedp Board of Directors.
- Volunteer service for the iaedp Foundation.
- Teaching or mentoring CEDS candidates.
- Presentations at national or international professional meetings.
- Conducting impactful research.
- Development of innovative community projects or initiatives.

### Nomination and Application

1. Avenues for Application
  - a. Nomination by peers or colleagues.
  - b. Self-nomination by eligible iaedp members.
2. Application Materials
  - a. Completed application form.
  - b. Documentation of eligibility and contributions.
  - c. Curriculum vitae or résumé.
  - d. At least one letter of support from a professional colleague.
3. Timing
  - a. Applications will open in the Northern Hemisphere's fall season each year. Fellowships will be conferred at the Annual Global Symposium, generally held in February the following year.

### Review and Approval Procedures

1. Committee Review
  - a. Applications will be reviewed by the Fellows Committee, composed of no fewer than three (3) and no more than five (5) iaedp Fellows.
  - b. The Committee will evaluate applications based on eligibility criteria and the significance of contributions.
2. Recommendations
  - a. The Fellows Committee will submit written recommendations to the Board of Directors for approval or for any requested revisions.
3. Final Authority
  - a. The Board of Directors has final authority to confer or decline Fellowship designations.

### Governance

- Only iaedp Fellows may serve on the Fellows Committee.
- To prevent the appearance of impropriety or special treatment, members of the Board of Directors and the Fellows Committee are ineligible to apply for Fellowship while actively serving in those roles but may apply once their terms have concluded.

### Responsibilities

- Applicants: To provide complete and accurate documentation supporting their eligibility and contributions.
- Fellows Committee: To review applications objectively, apply criteria consistently, and submit recommendations to the Board of Directors.
- Board of Directors: To review recommendations and ratify the conferral of Fellowship.

### Guiding Principle

The Fellows designation is a mark of distinction that recognizes excellence, leadership, and service to



the profession of eating disorders treatment. Through Fellowship, the iaedp Foundation honors individuals whose work embodies innovation, integrity, and dedication to advancing knowledge, practice, and hope for those affected by eating disorders.