



Certification Department

Certified Eating Disorder Specialist (CEDS™)

Initial Application Checklist

Last updated: June 30, 2026

Quick Reference Guide

Use this checklist to confirm that all required documentation and application components are complete before submitting your CEDS™ initial certification application.

✓	Requirement	Documentation Needed
☐	Hold a current professional license or legal authorization to practice	Copy of current license, registration, or credential verification
☐	Complete 2,500 hours of eating disorder-specific professional experience	Experience verification
☐	Accrue experience over at least 24 months	Included on experience verification
☐	Complete 2,000 direct care hours	Included on experience verification
☐	Complete at least 150 indirect care hours	Included on experience verification
☐	Complete 24 consultation hours with an iaedp-Approved Consultant (CEDS-C™)	Consultation verification
☐	Complete at least 12 individual or dyad consultation hours	Included on consultation verification
☐	Complete 20 hours of eating disorder-specific continuing education	CE certificates
☐	Complete all four iaedp Core Courses	Core Course certificates

☐	Pass the CEDS Certification Examination with a score of 80% or higher	Exam completion certificate
☐	Obtain three professional letters of recommendation	Three signed letters
☐	Complete the Standards of Conduct and Ethics Disclosure	Completed within application
☐	Prepare current Curriculum Vitae (CV)	Upload CV
☐	Obtain final graduate transcript or diploma	Upload transcript or diploma
☐	Pay the \$195 application fee	Submitted within application

Required Uploads

Before submitting your application, confirm the following files are ready to upload:

- ☐ Current professional license or credential verification
- ☐ Final graduate transcript or diploma
- ☐ Current Curriculum Vitae (CV)
- ☐ Experience verification
- ☐ Consultation verification
- ☐ Three letters of recommendation
- ☐ Continuing education certificates
- ☐ Core Course completion certificates
- ☐ Examination completion certificate
- ☐ Ethics disclosures completed within the application

Application Review Timeline

Step	Review Stage	Estimated Timing
1	Submit completed application	Applicant action
2	Administrative verification	Approximately 30 days
3	Certification Committee review	Approximately 90 days
4	Total processing time	Up to 120 days

Note: Approval of individual application sections does not indicate final certification approval.

Applications Started Before July 8, 2024

The following items are no longer required for applications started before July 8, 2024:

- ☐ iaedp membership
- ☐ Symposium attendance
- ☐ Case study
- ☐ Statement of intent/treatment approach